

Bullying – can it be prevented?

Reflect on the invisible web of **social relationships**.

Think 'who' rather than 'what'.

'Solutions emerge from relational resources and connections.'

'If you do not have the right people and connected in the right way – the solution collapses.' Ledreach p 77

ASSERTIVE				
A G G R E S S I O N		PASSIVITY		

SELF ESTEEM						
CONFIDENCE		B E L O N G I N G		W O R T H		





We need **Emotional Literacy** and **Empathy**:

the ability to identify with feelings and perspectives of others and respond in appropriate ways.

"The human heart has a way of making itself large again even after it's been broken into a million pieces."

Robert James Waller

Recommended Resources:

Gordon, Mary, 'Roots of Empathy' Juul, Jesper, 'Your Competent Child', Lederach, John Paul, 'The Moral Imagination – the art and soul of peace building' Mullally, Val, 'Helping Children Cope in the Real World' MP3

