



## Val Mullally MA

is a mother and grandmother, author, Parent Coach, and is trained in Relationship Theory. She presents workshops internationally and facilitates interactive training to enrich child / parent relationships.

Val is also a regular guest on TV shows and local radio regarding Parenting.

The Innovative Approach  
to Supporting Parents and Children.

**SIGN UP NOW!**

## Coaching Approach to Parenting

*in just three weekends*

**Fridays 7.15 - 9.45 pm**

**Saturdays 9.15 am - 4.45 pm**

**(6/7 & 13/14 Jan & 3/4 Feb 2012)**

**VENUE : An Solas, Fortunestown Road,  
Tallaght, Dublin 24**

**Investment fee: €287**

Enjoy this opportunity as a stand alone course or take all five modules and gain a Certificate in Parent Coaching, accredited with LBCAI. (See [www.koemba.com](http://www.koemba.com))

**For more info please contact us:**

**[val@koemba.com](mailto:val@koemba.com)**

**Tel: Val Mullally 087 7609355**

**[www.koemba.com](http://www.koemba.com)**

# Koemba

Module One

## Coaching Approach to Parenting

**ARE YOU:**

**WORKING WITH CHILDREN AND PARENTS?**

**A CHILDCARE PRACTITIONER?**

**or A PARENT?**

Breakthrough principles that you wish you always knew  
for more enjoyable and fulfilling family life :

- discover amazingly simple ways of building deeper relationships with children
- learn how to deal with children's challenging behaviour
- develop breakthrough communication skills
- talk so children will listen and listen so children will talk
- learn how to nurture healthy self esteem in children and why it matters



*Creating Connection, Communication  
and Co-operation  
between Parent and Child*

## APPLICATION FORM INTRODUCTORY MODULE

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Email/s: \_\_\_\_\_  
\_\_\_\_\_

Contact tel no/s: \_\_\_\_\_  
\_\_\_\_\_

Venue (town /city) : \_\_\_\_\_

Any Special Needs: \_\_\_\_\_  
\_\_\_\_\_

### PLEASE TICK YOUR PAYMENT OPTION .

I enclose full fee of €287 for the programme.

I enclose deposit of €90 and will make two equal payments of €100 each during the course.

PLEASE MAKE CHEQUES PAYABLE TO **KOEMBA**.  
**233 Beech Park, Lucan, Co Dublin**

### AT LAST a programme that includes:

- Responding effectively to emotional upsets
- What works when the child's tearing the place apart?  
Or you're tearing your hair out?
- Understanding challenging behaviour is one thing  
but children need to learn cooperative behaviour
- The key to unlocking your child's success
- Creating the 'WOW' factor in children's learning

### Participants' Comments:

I would fully recommend this course... (It) is a journey of self-awareness, learning new skills, life skills, hope and positive affirmation. I am calmer, more aware, reflect more, more non-judgemental. My three children have benefitted greatly. To quote one of my children "Mum, you are different since you did this course. You listen more and you seem to understand more."

MARY GILES - RGN, RM, MOTHER, PARENT COACH

... an amazingly powerful way of working with parents.

JOHNNY MCEVOY - COUNSELLOR, PARENT COACH

